



International School of Astrology and Divine Sciences

3/18, Pradhan Marag, Malviya Nagar, Jaipur-302017, Rajasthan, INDIA

www.astrologyrays.com, www.ramalaastrology.com, www.astrologynspiritualism.com

वक्रतुण्ड महाकाय, सूर्य कोटी समप्रभः। निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा।।



One Month Vastu Shastra Course

by Acharya Anupam Jolly

Vastu Shastra



Vaastu Science is a primordial pristine and pragmatic science of Hindu culture. Attainment of equanimity amidst the disparate elements of life leading towards prosperity and conviviality is the basic purpose of Vaastu Science. Planetary configuration, at the time of birth, has a strong impact on an individual's life. Wealth, power, fame are a symbolic friction of mans efforts in coordination with the powerful influence of planets. Imbalance created by defective Vaastu along with negative planetary configuration results in discord, dissatisfaction and failure. It is indeed a paradox when we see that a promising, technically savvy person is unable to attain the pinnacle of financial success, whereas a mediocre individual is an epitome of great financial strength.

Vaastu science can remove these insurmountable obstacles and rectify the adverse situations of life. It does not imply that there will be sudden miracles or zero adversity, but undoubtedly there will be a gradual turnabout in an individual's life resulting in minimum problems and result oriented optimism. Thus it is mandatory to construct a house or flat or factory as per Vaastu rules in order to reap the benefits.



International School of Astrology and Divine Sciences

3/18, Pradhan Marag, Malviya Nagar, Jaipur-302017, Rajasthan, INDIA

www.astrologyrays.com, www.ramalaastrology.com, www.astrologynspiritualism.com

Transcendentalism is a concrete fact of the Hindu culture but it is also accepted by various western philosophers and writers. Vaastu Science on offshoot of Hindu culture also adheres to it. Nature as well as man is composed of the five basic elements i.e. Earth, Fire, Air, Water and Sky. Thus there occurs an eternal symbiotic relationship between human life and nature. The aim of Vaastu science is to strike a rapport between the two leading a harmonious equilibrium.

Course Syllabus

- Introduction (History, Ramayan, Mahabharat incidents, Main Granths, Vastu Deva or VastuPurush Story etc.) How Vastu works.
- The Importance of Directions in Vastu (8 Direction and 16 Directions) How to take right direction etc.
- Importance of the five main Elements in Vastu
- 8 Direction Devtas and Planets explanations.
- Connection between Vastu and Jyotish
- Golden principles of Vastu (Surya Prastha-Chandra Prastha)
- Selection of the land
- Soil testing and remedies
- Adjoining Roads
- Energy Level of the Plot
- Shape of the Land
- Extension of the plot
- Reduction of the Plot
- Obstructions
- Muhurta (Neev Muhurtha direction)
- GrahaVastu - Vastu of the house(Boring)
- Over Head Tank
- Main Door of the House
- Windows of the house



International School of Astrology and Divine Sciences

3/18, Pradhan Marag, Malviya Nagar, Jaipur-302017, Rajasthan, INDIA

www.astrologyrays.com, www.ramalaastrology.com, www.astrologynspiritualism.com

- Main Rules for the Staircase
- Shapes and Sizes of the Rooms
- The Pooja Room
- The Kitchen
- The Dining Room
- The Bathroom
- The Toilet
- The septic Tank
- General Location of the Bedrooms
- The Study Room
- The Strong Room
- The Basement/Cellar
- Garage and Veranda
- The Store Room
- Flats - Apartment Buildings and Residential Building Complexes
- The Importance of Trees in Vastu
- Vastu and Diseases
- Direction-planet Corelation their Defects and Remedies
- Paintings and articles
- Feng Shui
- Plans based on Vastu Principles
- The Importance of Colours in Vastu
- Numerology
- Temple, Hospital, Educational Institution, Hotel, Restaurants, Resorts, Cinema Hall, Bank
- Installation of Pyramids (Myths or My Experience)
- Geopathic Stress (Myths or My Experience)



International School of Astrology and Divine Sciences

3/18, Pradhan Marag, Malviya Nagar, Jaipur-302017, Rajasthan, INDIA

www.astrologyrays.com, www.ramalaastrology.com, www.astrologynspiritualism.com

- It's Identification and Rectification
- And many things related to my personal experience.
- Question Answers

Course Duration : One Month

Course Fee : Rupees 21000.00 (Twenty One Thousand Only)

Course language : HINDI.

Course Inclusions

- Very Experienced Faculty (Practicing Expert for 25+ years)
- Real life examples for practical analysis.
- Online Live Classes on Zoom.
- Recordings of all Classes
- Exclusive Vastu Tools
- Course Certificate.

ASTROLOGY

Vastu friendly Bedroom

— Acharya Anupam Jolly
Jaipur, INDIA



The total eight directions North, South, East, and West are called cardinal directions and the point where any of the two directions meet is called intercardinal or ordinal point like NE, SE, SW, NW. These directions are given a lot of importance in Vastu Shastra as they combine the benefits of two directions in totality. We spend 30 to 40 percent of our time in the bedroom. Ideally, it's where our bodies and mind rest and rejuvenate, and where we find respite from the outside world's toxins and stressors. A bedroom has special importance while constructing a house. After a full day of tiring work, everybody needs adequate sleep in the night. Good sleep is necessary to feel rejuvenated when one gets up to tackle the next day with pep and vigour. Hence, it is good if you keep the following points in your mind, while locating the bedroom and the bed in it.

The House owner's master Bedroom should be towards South-West (Nairitya). Bedroom should not be in the room towards East. That spoils health where as Bedroom in the Western side is considered to be very good. It is auspicious for the life. Sleeping in the Southern side room is very good for health and peace.

The best bedroom side for newly married couple's is NNW (between North and North West (Vayavya)). In the bedroom towards South-West, keep the bed, leaving more space towards East and North. Bed should not be in the room towards North. It is harmful. While sleeping point the head towards South and feet towards North. Children's bedroom may be towards North-East (Eshanya) or North, where as this is not the proper place for adults. If the bedroom is towards North-West (Vayavya),

uneasiness of mind would not allow deep sleep. Guests' bedroom should towards North-West, as the guests would not stay for longer period. The South-West (Nairitya) corner in the bedroom should never be left empty. The bathroom, tub-bath, toilets, changing room should be towards North or West of the bedroom. The room for Gods' deity should not be within the bedroom. The bedroom of the 'Head-of the Family' should be towards the South, in the South-West (Nairitya) corner. If the house is multi-storied, the bedroom of the 'Head-of Family' should be towards South-West (Nairitya), on the upper floor. This place is also suitable for the eldest son. Children's bedroom should not be towards West-South-West (WSW) or South-South-West (SSW). It can create unrest. The heavy items of furniture, wardrobe should be towards South or West of the South-West

44 | THE WRITE TIMES • Apr 16

ASTROLOGY

(Nairitya). The bed room may be in the South-facing room. But in any case, never point feet towards South. Bedroom for un-married sons, daughters and guests can be towards the East. Bedroom of married persons should not be towards South-East (Aagneya). It causes wasteful expenditure, troubles and botherations. Bedroom should not be in the room towards North-East (Eshanya). It causes obstacles in progress, brings ailments and causes delay in the marriages of daughters.

The walls in the bedroom may be colored in light green, pinkish yellow, light pink or grey. But never use white or yellow colored marble.

Reading or writing should be done in the Western part of the bedroom. But never in the Eastern part. Western side of the bedroom should have more open space for circulation of air. Bedroom should have small windows towards East and North. Almirahs or Show-cases built in the wall should be towards West. In western countries, love birds are regarded as symbols of love, romance and devotion. In Chinese culture pair of mandarin ducks indicates romance of a young married couple. This pair can be kept at South-West of home or bedroom because South-West is the direction of romance or a relationship. These birds enrich the love life.

Vaastu is the science of direction and architecture that combines all the five elements of nature and balances them with the man and the material. Vaastu Shastra is creating a congenial settings or a place to live or work, in most scientific way taking advantages of the benefits bestowed by the five elements called "Paancha Maha Bhootas" of the nature thereby paving the way for enhanced health, wealth, prosperity and happiness in an enlightened environment.

They are Earth, Water, Air, Fire and Space.

The effects of these five basic elements have been fully taken care of in the principles laid down in Vaastu Shastra, by which a residence can be made for a comfortable life and not merely for show.



THE WRITE TIMES • Apr 16 | 45



International School of Astrology and Divine Sciences

3/18, Pradhan Marag, Malviya Nagar, Jaipur-302017, Rajasthan, INDIA

www.astrologyrays.com, www.ramalaastrology.com, www.astrologynspiritualism.com

Benefits of a Vastu house

Many risks during construction will be avoided:

- Failure to complete construction
- Severe accidents
- Severe problems with weather patterns
- Laborers quarrel

Effects of living:

- Natural feeling of protection and security
- Overall health and well-being
- Wealth & financial stability
- Encourages pure goodness and spiritual practices
- No excessive quarrel, no sinful activity
- Greatly reduced theft
- Greatly reduced risk from natural elements

